

Contemporary Psychic Abilities

A Guide to Intuitive Gifts and Spiritual Senses

This guide introduces a wide range of psychic and intuitive abilities recognized in modern spiritual practice. Each gift represents a unique way of connecting to the unseen and reading energy. Explore each description to recognize your natural intuitive strengths and expand your awareness.

1. Aeromancy

Interpreting the shapes of clouds.

2. Afterlife Communication

Connecting with those who are deceased.

3. Alomancy

Reading the patterns of salt cast into the air after it falls to the floor.

4. Apantomancy

Interpreting meaning in chance meetings with animals.

5. Astral Projection

Experiencing out-of-body travel or soul journeying.

6. Aura Reading

Intuitively perceiving what is occurring in the auric field.

7. Automatic Writing

Writing messages received through intuitive or spiritual channels.

8. Bibliomancy

Interpreting a passage chosen at random from a book.

9. Catoptromancy

Using mirrors for divination or psychic vision.

10. Channeling

Delivering messages from spiritual or higher intelligences.

11. Chirmancy

Reading the lines of the hands to interpret personality and fate (palmistry).

12. Clairience

Psychically smelling what is not physically present.

13. Clairaudience

Psychically hearing events or messages from higher realms.

14. Claircognizance

Experiencing clear knowing or intuitive understanding.

15. Clairempathy

Feeling the emotions of others through intuitive awareness.

16. Clairegustance

Psychically tasting what is not physically present.

17. Clairsentience

Sensing the feelings or sensations of others energetically.

18. Clairtangency

Reading energy through touch or physical contact with objects.

19. Clairvoyance

Seeing nonphysical realities, energy, or spiritual visions.

20. Cleromancy

Casting stones, bones, or dice for divination.

21. Crystallo-mancy

Seeing visions or future events through crystal gazing.

22. Déjà Vu

Feeling that a current event has already occurred.

23. Divination

Using psychic gifts or tools to access hidden knowledge or insight.

24. Dowsing

Using a pendulum or rods to detect energy, water, or lost objects.

25. Dream Interpretation

Understanding symbolic messages and spiritual meaning in dreams.

26. Exorcism

Releasing or clearing negative or unwanted energy or entities.

27. Feng Shui (Geomancy)

Arranging environments to harmonize and align energy flow.

28. Gyromancy

Divination performed by moving in circles and interpreting signs or letters.

29. Horoscopy

Interpreting astrological charts or horoscopes.

30. Hydromancy

Observing water for divination or intuitive messages.

31. Hypnosis

Creating a trance state to evoke healing or access subconscious insight.

32. I-Ching

Using the ancient Chinese system of divination for guidance.

33. Levitation

Raising objects or the body without physical support through energy focus.

34. Libanomancy

Interpreting shapes and movement of smoke for divination.

35. Mediumship

Serving as a conduit for communication with spirits or the deceased.

36. Megagnomy

Using psychic ability while in a hypnotic or trance state.

37. Oculomancy

Divination by interpreting another's eyes or gaze.

38. Past-Life Regression

Using meditation or hypnosis to recall previous lifetimes.

39. Precognition

Perceiving or predicting future events before they occur.

40. Pyrokinesis

Influencing or sparking fire with focused mental energy.

41. Scrying

Using reflective surfaces such as water or mirrors for psychic vision.

42. Tasseography

Reading patterns in tea leaves or coffee grounds for guidance.

43. Telekinesis

Moving or influencing physical objects using focused energy.

44. Telepathy

Receiving thoughts, emotions, or information mind-to-mind.

45. Xenoglossy

Speaking or writing in a language previously unknown to the person.

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Michelle's Healing Haven

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